

STARTERS

Spiced Nuts w/Garam Masala,
Cayenne & Rosemary \$19/lb
Seasonal Farmstand Vegetable Crudité
w/White Bean Hummus, Olive-feta dip
or Lemon Aioli \$8 per person
Cheese Platter \$11 per person
Cheese & Meat Platter \$14 per person
Mediterranean Olives w/Orange Peel \$9/lb

SEASONAL SALADS

Tuna Salad 9.50/lb
Green Goddess Chicken Salad 10.50/lb
Egg Salad 8.50/lb
Cole Slaw 8/lb
Red Potato Salad w/Dill 8.50/lb
Bacon Potato Salad 9.50/lb
Asparagus tips, Arugula, Pecorino Romano,
Lemon Vinaigrette \$11/lb
Greek Salad w/Feta, Cucumber
& Garbanzo Beans \$11/lb
Potato Salad w/Green Beans & Salsa Verde \$11/lb
Organic Kale Caesar Salad \$10/lb
Corn Salad w/Tarragon & Lime Vinaigrette \$11/lb
Asian Sesame Slaw, Soy-Sesame Vinaigrette \$9/lb
Caprese Salad w/Local Tomatoes & Mozzarella \$13/lb
Asian Rice Noodle Salad with Carrot, Lime & Mint \$11/lb
Orange Fennel Salad w/Celery Leaves
& Parmesan \$12/lb
Cranberry Pearl Couscous w/Pecans & Tumeric \$11.50/lb
Beet Salad w/ Goat Cheese & Candied Walnuts \$11/lb
Beet Salad w/ Creamy Tarragon Dressing
& Pistachios \$11/lb
Kale Pistachio Pesto w/Cavatappi Pasta \$11/lb
Arugula, Cauliflower & Quinoa Salad,
Cider Vinaigrette \$10/lb
White bean Salad w/Mushrooms, Rosemary
& Red Onion \$11/lb
Raw Salad of Shaved Brussels Sprouts w/ Pecorino, Lemon
Dressing \$11/lb

DESSERT & SNACKS

An assortment of baked goods including biscotti & cookies
(*Gluten free and vegan options available)
Serves up to 12 \$36.00
Serves up to 20 \$60.00

Assorted granola, energy & protein bars \$3 per person

BEVERAGES

Fork & Anchor 'East Marion Blend' coffee \$30/serves 8-10
includes cups, sugar & milk. Served in a 96 fl oz box

Natalie's fresh juices \$4 per person
Boylan's soda, Honest Tea, Regatta Ginger Beer, San
Pellegrino, Bottled Water \$3 per person



BREAKFAST

#14 Breakfast burrito-2 egg scramble, cheddar cheese,
black bean, salsa fresca on grilled flour tortilla 6.50
#15 'The Fork & Anchor' - bacon, lettuce, tomato,
fried egg w/basil mayo 6.95
Egg Sandwich-1 or 2 eggs 3 / 4
add cheese .50
add bacon, sausage or ham .75
Egg & Cheese Croissant 4.95
*Local Egg / Egg white add .50 each
#16 Scottish Smoked Salmon-toasted bagel,
cream cheese, red onion, capers 9.95
#17 "The Weekender"- local eggs, arugula, cheddar,
buttered ciabatta (*seasonal Sat + Sun only*) 7.50
Bagel w/butter 2.00
Bagel w/cream cheese 2.00
Bagel w/veggie or scallion cream cheese 2.50
Buttered Roll 2.00
2 slices Toast w/Jam or Butter 2.50
Cinnamon Toast - 2.75

LUNCH

#1 Crispy Chicken, sriracha mayo 9.00
#2 Reuben-pastrami, swiss, sauerkraut 9.00
#3 Roast Beef-caramelized onion,
melted provolone, horseradish sauce 9.50
#4 Turkey Club 9.00 (basil mayo add .25)
#5 BLT w/basil mayo 8.50
#6 Green Goddess Chicken Salad-fresh herbs
blended w/mayo 9.00
#7 Tuna Salad-carrots, celery, hint of lemon 8.50
#8 Italian Combo-ham, pepperoni, salami,
provolone, spicy pepper spread 9.50
#9 Black Forest Ham-swiss, miso butter 9.00
#10 Turkey-VT cheddar, apple-raisin relish 9.00
#11 Veggie Wrap-pistachio pesto, cucumber,
carrot, roasted tomatoes, shredded cheddar 9.00
#12 Grilled Cheese 5.50
add tomato .50 add bacon or ham .75
#13 PB & J or PB & Nutella 5.00
*Sub almond butter add .75

Our meats & cheeses are Applegate Organic
Gluten free bread add 1.50



PICNIC BOXES

(Please allow up to 48 hrs advance notice)

For a day at the beach, a trip to a nearby winery, or a boating excursion, Fork & Anchor picnic boxes can't be beat! Call in advance to place your box order and it will be ready waiting for you at the store. Delivery is \$15-20 depending on area.

Picnic Box for 2 | \$48
2 specialty sandwiches
2 Boylans soda, water or iced tea
2 North Fork potato chips
1 large side salad or 2 small salads
2 packs of Tate's cookies

CATERING MENU

BREAKFAST

Mini Breakfast Pastry Platter

An assortment of mini pastries for a light breakfast

including croissants, scones, muffins & Danishes.

Serves up to 12 \$42.00

Serves up to 20 \$70.00

Bagel Platter

An assortment of fresh bagels served with your choice of three spreads: plain cream cheese, scallion or vegetable cream cheese, butter, raspberry or strawberry jam.

Serves up to 12 \$48.00

Smoked Salmon Bagel Platter

An assortment of fresh bagels, cream cheese, Scottish smoked salmon, red onion, hard-boiled eggs & capers.

Serves up to 12 \$120.00

Add ons:

Grass-Fed assorted yogurt \$3 per person

Fruit Salad \$5 per person

LUNCH

Sub Sandwich Menu

3,4 & 6 ft subs \$35 per ft

(3 ft sub feeds approximately 10-12 pp)

Comes with 2 lbs your choice of 2 of the following salads:
Red Dill Potato Salad, Organic Kale Caesar Salad or Cole Slaw

- Crispy Chicken - American Cheese, Sriracha Mayo, Shredded Lettuce, Tomato
- Italian Combo - Ham, Salami, Pepperoni, Provolone, Shredded Lettuce, Spicy Pepper Spread, Oil & Vinegar
- American Combo - Roast Beef, Turkey, Ham, American Cheese, Shredded Lettuce, Tomato, Mayo
- Club - Turkey, Bacon, Lettuce Tomato, Basil Mayo

Wrap Sampler

An assortment of Fork & Anchor favorites arranged in a colorful, delicious display. Choose three wraps from Curried Chicken Salad, Vegetarian wrap with Pistachio Pesto, Green Goddess Chicken Salad, Turkey with Vermont Cheddar & Apple-Raisin Relish, Black Forest Ham, with Swiss & Miso butter

Serves up to 12 \$108.00

Serves up to 20 \$180.00

Signature Sandwich Platter

Choose four from our list of Fork & Anchor signatures: Turkey Club, Green Goddess Chicken Salad, Tuna Salad, Italian Combo with Ham, Pepperoni, Salami, Provolone, Spicy Pepper Spread, Black Forest Ham with Swiss & Miso Butter, Vegetarian wrap with Pistachio Pesto, or Turkey with VT Cheddar & Apple-Raisin Relish

Serves up to 12 \$114.00

Serves up to 20 \$190.00

(Continued on back)

